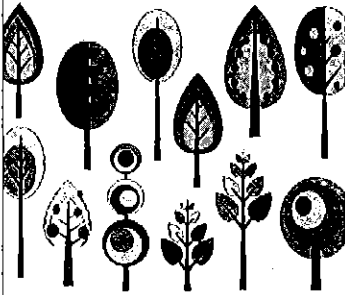


Issue 3

October 2017



MCANDREW ELEMENTARY SCHOOL

October 2017

## Fire Prevention Week

McAndrew Elementary will be learning about fire prevention during Fire Prevention Week October 8th - October 14th. The theme for this year is, "Every second counts. Plan 2 ways out."

The Ainsworth Fire Department has organized activities for the elementary students for Wednesday, October 11th.



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## Counselor's Corner - Mrs. Tami Jacobsen

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In October, Camp Learn-A-Lot focuses on drug prevention. Being a great camper involves a healthy mind and body. Drugs, alcohol, and smoking are not in the camping picture. The guidance classes will reinforce a healthy lifestyle by discussing the dangers and prevention of these addictive substances.

Each group will be given a different opportunity to draw drug free posters that will be displayed around the school. In addition to the posters the different classes will practice ways to, "Just Say No."

The fourth grade class will be the leader in the drug prevention unit by visiting the younger classes, helping them role-play different scenarios where they can practice refusing drugs.

Finally, there will be a reward ceremony where each of our students will be able to celebrate RED RIBBON WEEK. This recognition of healthy mind and body through drug prevention will end with students receiving books, stickers, pencils, ribbons...another great adventure at Camp Learn-A-Lot.

## News from Our School Nurse - Mrs. Leanne Maxwell

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This past month, I mailed letters to parents if any deficiencies were found in your child's health files regarding vision exams, physical exams and immunization requirements. If you received one of those letters and have not yet dropped off the required information, please do so as soon as possible. It is imperative to have that information on file in the beginning days of school.

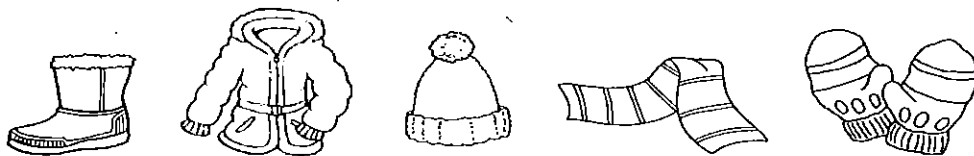
I also performed health checks with the elementary students on September 26th. I sent letters to parents if any concerns came from your child's health check. Please respond accordingly, if necessary.

In order to aid in preventing illness during the cold months, it is important to teach your child how to stay healthy. Good hand washing is always the first step in preventing illness. Remind your child to use Kleenex and hand sanitizer when necessary. Dress appropriately with the weather conditions. Consider seasonal flu vaccinations. And, keep your child home from school when illness is obviously present (fever greater than 100, vomiting, diarrhea, etc.).

# Marking Student Items / Lost & Found

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In an effort to reduce the amount of lost items throughout the year, please take the time to mark your child's belongings with his or her initials, especially sweatshirts and cold weather gear. Items on the Lost & Found table will remain there for one month, at which time they will be donated to the thrift store.



## After School Procedures

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### **Picking up students after school**

K - 2<sup>nd</sup> students exit through the EAST doors by the playground. Students stay with teachers until eye contact is made with parent, guardian, or other person approved to pick up the student.

3<sup>rd</sup> - 4<sup>th</sup> students exit through the WEST doors by the Nazarene Church. Students are dismissed from their classrooms at 3:15 p.m.

### **Bus Students**

All students who ride the bus are expected to wait in the Elementary Library where they are supervised until the MS / HS dismisses at 3:31 p.m. At that time, they are escorted by staff to their respective buses.

### **Students Who Wait for MS / HS Students**

All K-4 students who wait for MS / HS students after school are expected to wait in Mrs. Arens' room (12) where they are supervised. At 3:31 p.m. the students will walk to the MS / HS entrance with a staff member to wait.

**The playground does not open to the community until 4:00 p.m. and it closes at 9:00 p.m. Children cannot be left unsupervised. Anyone one on the playground after hours can be reported to local law enforcement.**

## myschoolbucks.com

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Myschoolbucks.com is an online service parents / guardians can use to pay for school meals and keep an eye on balances. This free site offers easy set-up, low balance notifications and automatic payments. One login to monitor all your children at school! You will need your child(ren)'s lunch number to set up an account. Don't know it? Contact the elementary office!



## Box Tops for Education

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Save your Box Tops!

To earn extra cash for our school, turn in your Box Tops before the two major deadlines: November 1 and March 1.



## 2017-18 Activity Calendar

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Would you like a complete view of school activities for the year? Visit our website at [www.ainsworthschools.org](http://www.ainsworthschools.org) to view the 2017-18 Activity Calendar!

## Activities and Athletic Events

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### If students wish to attend activities or athletic events:

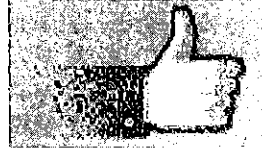
- Students are expected to attend these activities and athletic events with supervision.
- We expect them to sit with or near their parents or supervisors.
- They should remain in their seat and leave only at quarter and half breaks.
- Students who are disruptive at activities will be sent home and may lose the privilege of attending activities or athletic events.
- A student must be in school one half day in order to participate or attend an activity or athletic event that evening.

**MCANDREW ELEMENTARY SCHOOL**

Ainsworth Community Schools  
PO Box 65  
Ainsworth, NE 69210

Phone: 402-387-2083  
Fax: 402-387-0525  
E-mail: [mwentz@ainsworthschools.org](mailto:mwentz@ainsworthschools.org)

*The mission of Ainsworth Community Schools is to provide a safe environment in which students acquire the knowledge, skills and attitudes necessary to be successful individuals in an ever-changing world.*



“Like” us on Facebook!



[www.ainsworthschools.org](http://www.ainsworthschools.org)

## October

- October 9 - NO SCHOOL
- October 9 - 8:00 p.m. Board Meeting  
(District Office)
- October 13 - End of Q1
- October 18 - Picture Retakes
- October 18 - K-4 Report Cards Home
- October 20 - NO SCHOOL
- October 28 - Reading Reward DUE

## November

- November 2 - 1:00 p.m. Seussical the Musical  
(performance for elementary)
- November 9 - 7:30 p.m. One-Act Public  
Performance (LC)
- November 13 - 7:00 p.m. Board Meeting  
(District Office)
- November 13-17 - Scholastic Book Fair
- November 22-24 - NO SCHOOL  
Thanksgiving Break

# October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	<b>2</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>	
8	9	10	11	12	13	14
	<b>NO SCHOOL</b> Staff Development	<b>3</b>	Fire Prevention Activities <b>4</b>	<b>1</b>	Q1 Ends <b>2</b>	
15	16	17	18	19	20	21
	<b>3</b>	<b>4</b>	K-4 Report Cards Home Picture Retakes <b>1</b>	<b>2</b>	<b>NO SCHOOL</b> Students & Staff	
22	23	24	25	26	27	28
	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>3</b>	
29	30	31				
	<b>4</b>	8:05 a.m. Hallway 8:30 a.m. Menu Recording <b>1</b>				





## Breakfast Choices

Available every day, breakfast includes:

- Choice of breakfast entre
- Fruit
- 100% Fruit Juice
- Milk choices

## Additional Entrees Available Daily:

Dutch Waffle  
Cheese Pretzel



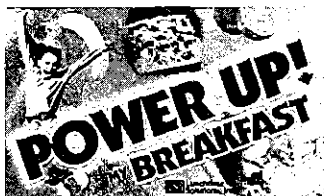
## Fruit and Juice Available Every Day

Start your day off right

## Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

**Come join us!**



## Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.50
Middle/High School Breakfast	\$1.50
Adult Breakfast	\$2.10
Extra Breakfast Entrée	\$1.10
Extra Milk	\$0.50

Breakfast is served every day from 7:30 to 8:00 am

Menus are subject to change without notice.

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

2  
A. Ultimate Breakfast Round  
B. Cereal Choices and Toast

Juice Choices  
Apple Wedges

9  
**NO SCHOOL**

16  
A. French Toast Sticks  
B. Cereal Choices and Toast

Juice Choices  
Sliced Pears

23  
A. Breakfast Pizza  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

30  
A. Pancakes with Syrup  
B. Cereal Choices and Toast

Juice Choices  
Mixed Fruit

3  
A. Sausage Gravy over Biscuit  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

10  
A. Egg & Cheese Biscuit Sandwich  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

17  
A. Egg & Cheese Taco Roll  
B. Cereal Choices and Toast

Juice Choices  
Mixed Fruit

24  
A. Iced Long John  
B. Cereal Choices and Toast

Juice Choices  
Applesauce

31  
A. Sausage Gravy over Biscuit  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

4  
A. Pancakes with Syrup  
B. Cereal Choices and Toast

Juice Choices  
Mixed Fruit

11  
A. Iced Long John  
B. Cereal Choices and Toast

Juice Choices  
Apple Wedges

18  
A. Sausage Gravy over Biscuit  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

25  
A. Yogurt with Goldfish Grahams  
B. Cereal Choices and Toast

Juice Choices  
Fresh Orange

5  
A. Breakfast Pizza  
B. Cereal Choices and Toast

Juice Choices  
Pineapple

12  
A. Breakfast Sliders  
B. Cereal Choices and Toast

Juice Choices  
Sliced Pears

19  
A. Breakfast Pizza  
B. Cereal Choices and Toast

Juice Choices  
Sliced Peaches

26  
A. Pancake Sausage Stick  
B. Cereal Choices and Toast

Juice Choices  
Mixed Fruit

6  
A. Fresh Baked Cinnamon Roll  
B. Cereal Choices and Toast

Juice Choices  
Applesauce

13  
A. Fresh Baked Cinnamon Roll  
B. Cereal Choices and Toast

Juice Choices  
Sliced Peaches

20  
**NO SCHOOL**

27  
A. Fresh Baked Cinnamon Roll  
B. Cereal Choices and Toast

Juice Choices  
Sliced Pears

Questions, Comments - Charlene Smith, Food Service Director at (712) 898-5224 c.smith@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices  
This institution is an equal opportunity provider and employer.



# AINSWORTH ELEMENTARY & MIDDLE SCHOOLS



# LUNCH MENU - OCTOBER 2017

## Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

## Other Entrée Choices Available Daily:

### C. Sub/Salad/Wrap Entrées

M-W Entrée Salad Choice

T-Th Sub Sandwich Choice

F Yogurt Parfait Choice

\*Choices vary. See menu board for details.

## Lunch Meal Prices & Extras

ES Lunch	\$2.70	Extra Entrée	\$1.65
MS Lunch	\$2.85	Extra Branded	
Adult Lunch	\$3.55	Pizza	\$1.85
		Extra Milk	\$0.50

### Questions or comments:

Contact Charlene Smith, Food Service Director at (712) 898-5224 or [c.smith@lunchtimesolutions.com](mailto:c.smith@lunchtimesolutions.com)

Applications for Free and Reduced Price meals are available in the school office.

Menus are subject to change without notice.

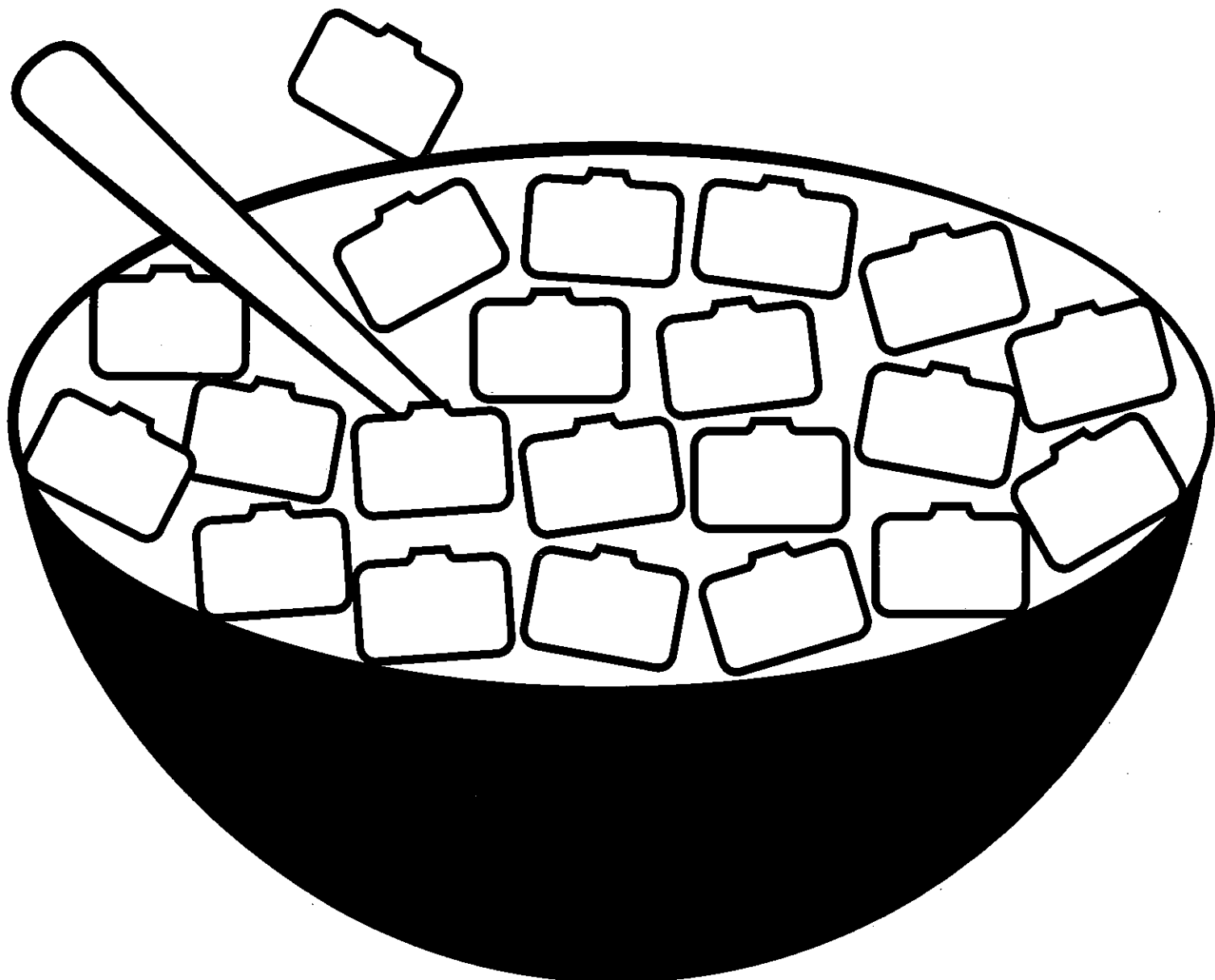


Mon	Tue	Wed	Thu	Fri
2 A. Sloppy Joe B. French Toast Sticks and Sausage  Potato Triangle	3 A. Home-style Golden Macaroni & Cheese B. Buffalo Ranch Chicken Wrap  Peas Carnival Cookie	4 A. Home-style Cheese Quesadilla and Beef Enchilada Soup B. Crispy Chicken Sandwich  Zesty Black Beans	5 A. Home-style Cavatini B. Mini Corn Dogs  Green Beans Sugar Cookie	6 A. Hot Ham & Cheese Sandwich B. Pizza  Golden Corn
9 <b>NO SCHOOL</b>	10 A. Taco in a Bag B. Hot Dog  Chili Lime Corn Cinnamon Bread Stick	11 A. Meatloaf and Dinner Roll B. Chicken Nuggets and Dinner Roll  Mashed Potatoes with Gravy	12 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich  Baked Beans Chocolate Chip Cookie  	13 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza Hut Pizza  Mixed Vegetables  
16 A. Chicken Fajitas B. Pork Fritter Sandwich  Zesty Black Beans	17 A. Home-style Turkey & Gravy & Dinner Roll B. Chicken Nuggets and Dinner Roll  Mashed Potatoes with Gravy	18 A. Beef Stroganoff B. Corn Dog  Peas Frosted Cinnamon Roll	19 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich  Green Beans Gelatin Dessert	20 <b>NO SCHOOL</b>
23 A. Orange Chicken over Rice B. Cheeseburger  Green Beans	24 A. Super Nachos B. Grilled Chicken Sandwich  Refried Beans Cinnamon Bread Stick	25 A. Italian Dunkers with Marinara Sauce B. BBQ Rib Sandwich  Candied Carrots Home-style Coleslaw	26 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog  Mixed Vegetables Chocolate Chip Cookie	27 A. Baked Fish Sandwich B. Pizza  Golden Corn
30 A. Home-style Cheeseburger Soup and Dinner Roll B. Crispy Chicken Sandwich  Steamed Carrots	31 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich  Chili Lime Corn Carnival Cookie			<b>National Farmers Day!</b> On October 12th join us as we celebrate the people that bring food to our plates and into our bellies. 

This Institution is an equal opportunity provider and employer.

# GOOD MORNING!

Fill up on a breakfast of Box Tops  
from your favorite cereals.



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school. Bonus certificates should not be attached to this sheet - please submit them separately. To see more ways to earn cash for your child's school, go to [BTFE.com](http://BTFE.com).

©General Mills



AN EASY WAY TO

# EARN CASH FOR YOUR SCHOOL

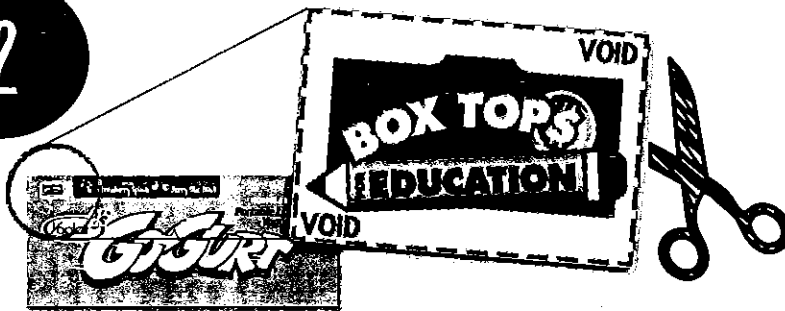
Look for the pink Box Tops on hundreds of participating products. Each is worth 10¢ for your child's school!

1



BUY your favorite Box Tops products.

2



CLIP Box Tops from each package.

3



SEND your Box Tops to school with your child.

4



YOUR SCHOOL GETS CASH to help buy the things it really needs.

Go to [btfe.com/products](http://btfe.com/products) for a complete list of Box Tops products.

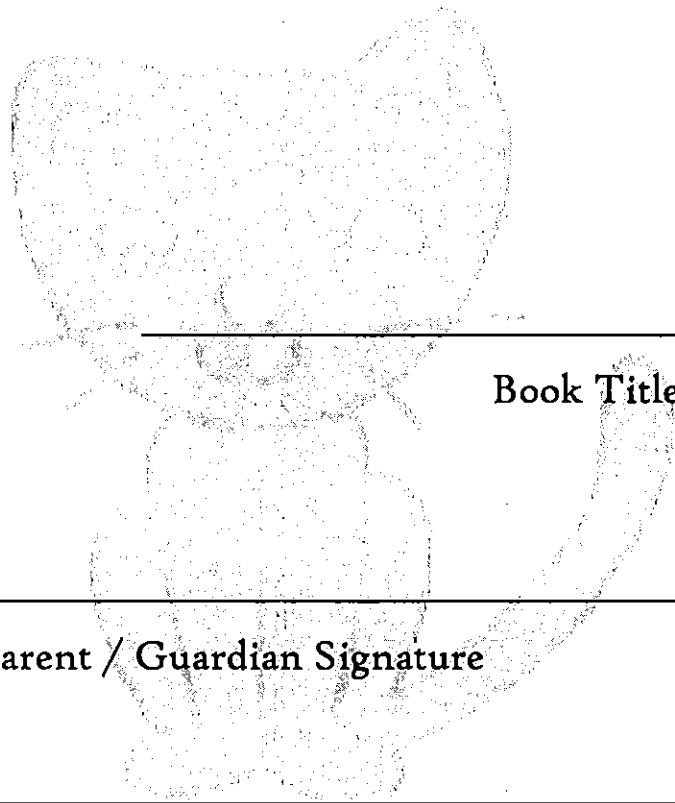
# Reading Reward

October's Theme: Cats

Due Date: October 28<sup>th</sup>, 2016

Sunday, October 29, 2017, is National Cat Day! National Cat Day seeks to raise awareness of the thousands of cats that need to be rescued and encourages appreciation of pet cats.

Read a book this month about cats, have your parent or guardian sign this form, and turn it into the office for a chance to win a Scholastic gift certificate for a free book!



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Book Title & Author

---

Parent / Guardian Signature

---

Date

---

Student Name

---

Grade/Teacher